



Making world-class leadership development available to all.

Our mission at Resilient Leaders Elements



Resilient Leaders Elements



RLE ACCELERATE™

For those who want one-to-one support with your own personally matched coach.

Virtual 1:1 coaching

About RLE

Motivated by the paralysing affect the London bombings had on the people involved, we began our work on resilience in leadership in the 1990s.

We distilled our experience to identify four essential Resilient Leaders Elements (RLE™): Clarity of Direction, Resilient Decision Making, Awareness and Leadership Presence.

What you gain



Absolute **clarity on your strengths** and development areas



Break ingrained habits



Heightened self awareness, creates focus and targets your priority areas for development



Define and **achieve your goals**



Be **supported and challenged** throughout



Measure progress and **articulate your transformation**

Your commitment

- Participation in **four 90-minute online sessions** over three months with an experienced Resilient Leaders Consultant
- Completion of work between sessions using the **online Resilient Leaders Development Programme (RLDP™)**

Course content

Self-assessment
360 assessment

Measure impact

Focused coaching sessions



Tailored challenges

Goals

Development Areas
Strength Mantra

Course structure

	Assessment	Discovery	Challenge	Completion
	Week 1	Week 3	Week 8	Week 13
Session content	Discussion of motives for coaching Coaching contract Overview of RLE™ sent to leader with instructions on how to access and use the RLDP™	Debrief RLA® results Clarify goal Agree action plan	Isolate blockers to behaviour change and strengthen motivation to overcome them Introduce relevant tools to supplement RLDP™ Agree action plan	Review progress including celebration of successes and identification of continuing challenges Agree action plan
Individual learning	Complete RLA® Self and Feedback assessments	Engage with RLDP™	Engage with RLDP™ Reassess RLA®	Continue RLDP™

“ The ACCELERATE™ programme **enhances clarity of direction** and **accelerates leadership growth** in areas that are most important to you. ”

Find out more and book a consultation on our website:
www.resilientleaderselements.com/programmes

Discover our other programmes

RLE REGAINING YOUR MOJO™

Support to refocus, rebalance and re-energise.

RLE LEAD IN UNCERTAINTY™

Best for building confidence and capability.

RESILIENT LEADERSHIP IN ACTION™

Best for discovering your leadership style.

RLE OPTIMISE™

Group development best for peer support.

RLE TRANSFORM™

Best for developing team performance.