



Making world-class leadership development available to all.

Our mission at Resilient Leaders Elements

## RESILIENT LEADERSHIP IN ACTION™

What it is about who you are and what you do that would have people want to follow you?

A practical programme helping you to find ways in which you lead best.

*Applied leadership*

### About RLE

Motivated by the paralysing affect the London bombings had on the people involved, we began our work on resilience in leadership in the 1990s.

We distilled our experience to identify four essential Resilient Leaders Elements (RLE™): Clarity of Direction, Resilient Decision Making, Awareness and Leadership Presence.

### What you gain



**Differentiate** yourself in a competitive environment



Be **more confident in leading** yourself and others



Understand **the impact you have** on people around you



**Adapt your leadership** to meet the needs of different situations



**Unify people** towards a common goal



**Build your resilience** in the face of uncertainty and pressure

### Your commitment

- Complete an initial Resilient Leaders Assessment (RLA™)
- Get RLA™ Feedback from those who know you well
- Fully engage with 9 x 2.5 hour workshops
- Support and challenge others on the programme
- Work on your RLDP™ by applying what you learn in the workshops
- Complete a final RLA™

### Course content



# Course structure

Component	Initial Assessment	Week 1			Week 2			Week 3			Final Assessment
Plenary Sessions		Intro	Clarity of Direction and Awareness	Strength Mantras	Set up Leading your Vision	Situational Leadership Styles	Resilient Decision Making and Leadership Presence	Eisenhower matrix	Urgency Continuum and maintaining relationships in crisis	Conclusion	
Activities		Problem Solving	Goal Setting and Values Exercise	Public Engagement	Strategy Development	Creative Production	Apply RLE™ to Leading your Vision	Multiple Tasks	Crisis Management	Leading your vision Presentations	
Home Group		Contract, review and apply learning			Review and apply learning			Review, apply learning and plan forward			
Buddy Sessions		Coaching in action			Coaching in action			Coaching in action			
Online individual RLDP™	Resilient Leaders Assessment®	Strength Engine	Personalised Leadership Challenges						Resilient Leaders Assessment®		

Find out more and book a consultation on our website:  
[www.resilientleaderselements.com/programmes](http://www.resilientleaderselements.com/programmes)

## Discover our other programmes

**RLE REGAINING YOUR MOJO™**

Support to refocus, rebalance and re-energise.

**RLE LEAD IN UNCERTAINTY™**

Best for building confidence and capability.

**RLE ACCELERATE™**

1:1 coaching best for challenge and support.

**RLE OPTIMISE™**

Group development best for peer support.

**RLE TRANSFORM™**

Best for developing team performance.