



Making world-class leadership development available to all.

Our mission at Resilient Leaders Elements



Resilient Leaders Elements



RLE OPTIMISE™

This programme deepens your leadership development, working together with a group of leaders drawn from a variety of sectors.

Intensive leadership development

About RLE

Motivated by the paralysing affect the London bombings had on the people involved, we began our work on resilience in leadership in the 1990s.

We distilled our experience to identify four essential Resilient Leaders Elements (RLE™): Clarity of Direction, Resilient Decision Making, Awareness and Leadership Presence.

What you gain



Build confidence in yourself as a strategic leader



Prepare for more **senior roles**



Build a network of like-minded leaders



Develop your skills as a **coach and mentor**



Learn to use the Resilient Leaders Elements as a language to **articulate your strengths and development areas:**

- Clarity of Direction
- Leadership Presence
- Awareness
- Resilient Decision Making

Your commitment

- Participation in **ten 2-hour online sessions** over six months with a group of 8-12 people
- Completion of work between sessions using the **online Resilient Leaders Development Programme (RLDP™)**
- Engaging in **buddy conversations**

Course content

Self-assessment
360 assessment

Measure impact

Buddy coaching



Two hour
online
sessions

Goals

Development Areas
Strength Mantra

Course structure

	Orientation	Resilient Leaders Elements Exploration				Completion
	Month 1 (one session)	Month 2 (two sessions)	Month 3 (two sessions)	Month 4 (two sessions)	Month 5 (two sessions)	Month 6 (one session)
	Introduction	Clarity of Direction	Awareness	Leadership Presence	Resilient Decision Making	Impact Review
Session content	Introduction to the RLE™ Buddy Coaching	RLA® discussion Leadership Mantra COD exploration through experiential exercises Strategic tools	RLDP™ discussion Awareness exploration through experiential exercises Personality tools	RLDP™ discussion LP exploration through experiential exercises Values tools	RLDP™ discussion RDM exploration through experiential exercises Decision Making tools	Impact analytics PIS discussion Individual Commitments
Individual learning	Complete RLA® and set up Feedback Work with buddy to clarify goal	Engage with RLDP™ Support and challenge buddy	Engage with RLDP™ Support and challenge buddy	Engage with RLDP™ Support and challenge buddy	Reassess RLA® Work with buddy to complete PIS	Continue RLDP™

Find out more and sign up to the next course on our website:

www.resilientleaderselements.com/programmes

Discover our other programmes

RLE REGAINING YOUR MOJO™

Support to refocus, rebalance and re-energise.

RLE LEAD IN UNCERTAINTY™

Best for building confidence and capability.

RESILIENT LEADERSHIP IN ACTION™

Best for discovering your leadership style.

RLE ACCELERATE™

1:1 coaching best for challenge and support.

RLE TRANSFORM™

Best for developing team performance.