



Making world-class leadership development available to all.



Resilient Leaders Elements

Our mission at Resilient Leaders Elements

## RLE LEAD IN UNCERTAINTY™

Develop your capability to lead yourself and others, with a particular focus on leading in uncertain times.

*Confident leadership*

### About RLE

Motivated by the paralysing affect the London bombings had on the people involved, we began our work on resilience in leadership in the 1990s.

We distilled our experience to identify four essential Resilient Leaders Elements (RLE™): Clarity of Direction, Resilient Decision Making, Awareness and Leadership Presence.

### What you gain



**Confidence and competence** in your resilient leadership, in both cognitive and emotional factors



Knowledge of how to **lead yourself and others** through change and uncertainty



Understanding and application of the RLE™:

- **Clarity of Direction:** People know where they are going and why they are going there
- **Leadership Presence:** You have “presence” even when you’re not in the room
- **Awareness:** Everyone, including you, works at their best, resulting in higher productivity and motivation through challenging times
- **Resilient Decision Making:** You have the best chance of making good decisions when it really counts

### Your commitment

- Participation in **six 90-minute online sessions** over three months with a group of 8-12 people
- Completion of work between sessions using the **online Resilient Leaders Development Programme (RLDP™)**

### Course content

Self-assessment  
360 assessment

Measure impact

Action learning sets



Element sessions

Goals

Development Areas  
Strength Mantra

# Course structure

	Orientation	Resilient Leaders Elements Exploration				Completion
	Week 1	Week 3	Week 6	Week 9	Week 12	Week 13
	Introduction	Clarity of Direction	Leadership Presence	Awareness	Resilient Decision Making	Impact Review
Session content	Introduction to the RLE™ Personal introductions Goal setting	Explore Clarity of Direction Discuss RLA® Leadership Mantra	Explore Leadership Presence Discuss RLDP™	Explore Awareness Discuss RLDP™	Explore Resilient Decision Making Discuss RLDP™ Personal Impact Statement	Discuss Personal Impact Statements Make individual Commitments
Individual learning	Complete RLA® and set up Feedback	Complete Mantra Work on your RLDP™	Work on your RLDP™	Work on your RLDP™	Reassess RLA® Complete Personal Impact Statement	Honour your Commitments

Find out more and sign up to the next course on our website:

[www.resilientleaderselements.com/packages](http://www.resilientleaderselements.com/packages)

## Discover our other packages

**RLE ACCELERATE™**

1:1 coaching best for challenge and support.

**RLE REBALANCE™**

Best for stabilising in times of crisis and uncertainty.

**RLE OPTIMISE™**

Group development best for peer support.

**RLE TRANSFORM™**

Best for developing team performance.

